

4-H Camp Shankitunk Menu Weeks 1,3,5

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		Blueberry Muffins Breakfast Tornado Yogurt & Granola Assorted Cold Cereal Oatmeal Milk/Juice Hot Chocolate	Scrambled Eggs Bacon Corned Beef Hash Yogurt & Granola Assorted Cold Cereal Oatmeal Milk/Juice Hot Chocolate	Bagel w/ Cream Cheese Bananas Yogurt & Granola Assorted Cold Cereal Oatmeal Milk/Juice Hot Chocolate	Pancakes w/ Syrup Sausage Yogurt & Granola Assorted Cold Cereal Oatmeal Milk/Juice Hot Chocolate	Breakfast Sandwich Homefries Yogurt & Granola Assorted Cold Cereal Oatmeal Milk/Juice Hot Chocolate
Lunch		Philly Cheese Steak Sweet Potato Fries Salad Bar Vanilla Pudding Milk	<u>Platoon BBQ</u> Hot Dog w/ Bun Potato Chips Applesauce Cheese Sticks Watermelon Milk	Grilled Cheese Sandwich French Fries Tomato Soup Salad Bar Fruit Crisp Milk	Macaroni & Cheese Green Beans Salad Bar Jello Milk	<u>Pizza Day</u> Variety of Pizza's Salad Bar Ice Cream Milk
Dinner	Subs Ham, Turkey, Tuna, PB & J Macaroni Salad Pickles Chips Watermelon Milk	Baked Ziti California Blend Vegetables Salad Bar Garlic Bread Dump Cake Milk	Taco Tuesday Rice and Beans Lettuce Tomato Cheese Salsa Caramel Cake Milk	Chicken BBQ Baked Beans Corn on the Cob Coleslaw Dinner Roll Strawberry Shortcake Milk	Baked Ham Carrots Tater Tots Salad Bar Dirt Cups Milk	
Snack <small>*Choice of two</small>	String Cheese Fruit Oatmeal Raisin Cookie	Bunny Grahams Fruit Chocolate Chip Cookie	Platoon Campfire S'mores Yogurt	Popcorn Fruit Sugar Cookie	Birthday Cake Fruit	

*Fresh fruit available in the kitchen

**Special dietary needs accommodated to the best of our ability